

FREE Unplug and Play Activities 2021

To register and for more information, visit LiteracyInKamloops.ca or Interior Saving Unplug and Play Family Literacy Week Facebook page.

Week-Long Activities

Take & Make Craft: DIY Wind Chimes
Contact the library to register, 250-554-1124

Science Kit Bag at Home Project Kit
Big Little Science Centre, call 250-554-2572 to register

Songwalk: We're Going on a Bear Hunt
Kamloops Library

Songwalk: Slippery Fish
North Kamloops Library

Virtual Story Time with the Paperbag Princess
Kamloops Community YMCA-YWCA

Family Fun Activities various times: registration required
Tk'emlúps te Secwépemc

Alley Art Word Walk Downtown Kamloops
Link

Virtual Animal Craft with Laura
Pick up craft kit at Kamloops Museum & Archives

Explore Kamloops Scavenger Hunt
PLAYKamloops

Saturday, January 23

Explore: your backyard, your family history, or your bookcase!

Family Fun Swim, 1:00–3:00 pm
Kamloops Community YMCA-YWCA - Downtown, registration required

Snowshoe at Stake Lake, 9:00 am–4:00 pm
PacificSport and the Overlander Ski Club

Sunday, January 24

Build: a blanket fort, a snowman, or a jigsaw puzzle!

Family Yoga via Zoom, 1:30–2:30 pm
Kamloops Hot Yoga, registration required

Virtual Instrument Building Workshop at Home via Zoom, 2:00–2:45 pm
Kamloops Music Collective, registration required

Monday, January 25

Move: jump, hop, skip, run, dance, or skate!

Preschool Skate at Valleyview Arena, 1:00–1:45 pm
City of Kamloops, registration required

Family Fun Fitness Class via Zoom, 4:30–5:00 pm
Kamloops Community YMCA-YWCA

Virtual Family Dance Party with Julie
Kamloops Community YMCA-YWCA

Virtual Active Tot, pick up movement kit
PacificSport

Tuesday, January 26

Create: a recipe, a story, a collage, or a game!

Take & Make Kids Meal Kits
Mount Paul Community Food Centre, call 236-421-1011

Preschool Power Hour: Rockets, 10:30–11:30 am
Big Little Science Centre, call 250-554-2572 to register

Pyjama Storytime via Zoom, 6:00 pm
Contact the library at 250-554-1124 to register

Wednesday, January 27

Read: a comic book, a poem, a research article, or the newspaper!

Virtual Read & Craft
Boys and Girls Club Kamloops

Preschool Power Hour: Rockets, 10:30–11:30 am
Big Little Science Centre, call 250-554-2572 to register

Family Skate at Brock Arena, 11:30 am–12:15 pm
City of Kamloops

Mindfulness for Families via Zoom, 10:00 am
Kamloops Community YMCA-YWCA

Thursday, January 28

Learn: to knit, paint, bake, snowshoe, budget, or whistle!

Preschool Power Hour: Rockets, 10:30–11:30 am
Big Little Science Centre, call 250-554-2572 to register

Virtual Rhyme Time with Kamloops' Very Own Mother Goose
Kamloops Community YMCA-YWCA

Magic Tricks with Clinton W. Gray via Zoom, 3:00–4:00 pm
Registration required

Friday, January 29

Reflect: imagine, daydream, ponder, write, or review!

Outdoor Scavenger Hunt, 4:00 pm
Boys and Girls Club Kamloops

All Age Skate at Brock Arena, 7:00–7:45 pm
City of Kamloops, registration required

Online Trivia/Quiz Night via Zoom, 7:00 pm
Registration required

Enter to Win a Prize!
Share your story with Interior Saving at [Facebook.com/InteriorSavings](https://www.facebook.com/InteriorSavings)

Saturday, January 30

Celebrate: cook, eat, sing, dance, or play together!

Take & Make Craft: DIY Wind Chimes via Zoom, 11:00–11:30 am

Contact the library to register, 250-554-1124

Virtual Dance Party with Enzyme, 7:00–8:00 pm
Registration required

All-Age Swim at Westsyde Pool, 1:00–4:00 pm
City of Kamloops, registration required